

Preemie Daygowns and Bonnets

SIZE GUIDELINES

Weight	Height	Head Circumference
1 lb.	10" - 12"	6 3/4" 8 1/4"
2 1/2 lbs.	14" - 15"	10"
3 - 4 lbs.	16" - 17"	11 3/8"
5 - 6 lbs.	18" - 20"	13 3/8"

Daygown Pattern Length

Size 1 lb. — 14 3/4"	1 1/4" hem allowance
Size 2 1/2 lbs. — 17 3/4"	1 1/2" hem allowance
Size 3 - 4 lbs. — 19 3/4"	1 1/2" hem allowance
Size 5 - 6 lbs. — 23"	1 1/2" hem allowance

Lengthen or shorten along the hemline.

FABRIC AND LACE GUIDELINES

Soft fabrics like cashmere flannel, Swiss flannel, and brushed cotton are ideal for the preemie daygown. Traditional heirloom sewing fabrics like Imperial batiste and broadcloth are fine, and Swiss batistes work well for the dressier variations. Consider the type of embellishment when choosing your fabric, using the heavier fabrics for machine embroidery and the sheer fabrics for hand embroidery and shadow work. A cotton fabric or cotton blend fabric is suitable for the bonnet. A fabric with some body will hold the shape of the bonnet better than a softer fabric.

LACES AND TRIMS

The selection of trims used will depend on the variation you are making. Tatting and an entredeux edged-trim are ideal for heavier fabrics. Bias binding in a contrasting broadcloth or cute print are good choices to add color for other variations. Traditional French and English cotton laces, insertions, and beadings, along with entredeux, compliment a dressier designs on sheer fabrics. Your choice will depend on the variation you are making.

YARDAGES

The measurements below are *liberal estimates*. Exact measurement of pattern pieces may result in the purchase of *less* yardage. Because each seamstress will vary in the selection of trims, measurements are given by each individual section.

45" fabric for daygown:

Sizes 1 - 2 1/2 lbs. — 5/8 yd.
Sizes 3 - 4 and 5 - 6 lbs. — 3/4 yd.

Notions:

5 1/4" buttons
Sacque: 3 1/4" buttons

Neckline trims:

Flat trim — 1/2 yd.
Gathered lace edging — 1 yd.

Sleeve trims (measurement includes both sleeves):

Flat trim — 20"
Lace beading or insertion — 1/2 yd.
1/4" ribbon — 1 1/4 yd.
For gathered lace edging — 2/3 yd.

Hemline trims:

Flat trim — 1 1/3 yd.
Gathered trim — 2 yd.

45" fabric for bonnet: 1/4 yd.

Flat trim for bonnet:

1 - 2 1/2 lbs. — 24"
3 - 4 and 5 - 6 lbs. — 30"

Ribbon for bonnet:

1/8" ribbon for casing: 3/8 yd. — 1/2 yd.
3/8 yd. ribbon for bonnet: 7/8 yd. — 1 1/8 yd.



Ginger Snaps Designs

Nancy Coburn • P. O. Box 240728 • Montgomery, AL 36124
1-334-567-4239 • FAX 1-334-514-0014
www.gingersnapsdesigns.com